

Lunch Menu.

WEEK ONE – AUTUMN WINTER

(V) vegetarian option

(Ve) vegan option



Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
<p>Mexican Chicken & Vegetable & Mixed Bean Quesadilla, Warm Nachos (H)</p>	<p>Chilli Con Carne & Fiesta Rice (H)</p>	<p>Roast Turkey with Gravy & Roasties & Vegetables (H)</p> <p>Grilled Chicken Sausages, Gravy & Roasties & Vegetables (H)</p>	<p>Paprika Chicken & Sri Lankan Dahl, Steamed Mixed Rice (H)</p>	<p>Sustainably Sourced Battered Fish & Chips or Grilled Chicken Sausage (H) & Chips</p>
<p>Italian Vegetable & Giant Couscous Stew, Garlic Crostini (Ve)</p>	<p>Chilli Sin Carne & Fiesta Rice (Ve)</p>	<p>Roast Quorn, Gravy & Roasties(V)</p>	<p>Roasted Coriander Sweet Potato, Sri Lankan Dahl & Steamed Mixed Rice (Ve)</p>	<p>Vegan Sausage Roll (V)</p>
<p>Margarita Pizza/Pepperoni Pizza Or Love Joes Chicken Wrap (H)</p>	<p>Margarita Pizza/Pepperoni Pizza Or Love Joes Chicken Wrap (H)</p>	<p>Margarita Pizza/Pepperoni Pizza Or Love Joes Chicken Wrap (H)</p>	<p>Margarita Pizza/Pepperoni Pizza Or Love Joes Chicken Wrap (H)</p>	<p>Margarita Pizza/Pepperoni Pizza Or Love Joes Chicken Wrap (H)</p>
<p>Tomato & Basil Sauce Or Mexican Chicken</p>	<p>Tomato & Basil Sauce Chilli Con Carne (H)</p>	<p>Tomato & Basil Sauce Or Chicken Tikka (H)</p>	<p>Tomato & Basil Sauce Or Paprika Chicken (H)</p>	
<p>Baked Beans</p> <p>Broccoli</p> <p>Mixed Salad</p>	<p>Baked Beans</p> <p>Fajita Roasted Sweetcorn & Peppers</p> <p>Mixed Salad</p>	<p>Baked Beans</p> <p>Mixed Vegetables</p> <p>Roasts Potatoes</p>	<p>Baked Beans</p> <p>Garden Salad</p> <p>Sri Lankan Vegetable Salad Wedges</p>	<p>Baked Beans</p> <p>Mushy Peas</p> <p>Fries</p>
<p>Homemade Cookie</p>	<p>Homemade Cookie</p>	<p>Homemade Cookie</p>	<p>Homemade Cookie</p>	<p>Homemade Cookie</p>

Slow-Release Energy Foods		For a Healthy Gut		Brain Boost		Contains Calcium		Contains Iron		Contains Protein	
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Lunch Menu

WEEK TWO – AUTUMN WINTER

(V) vegetarian option

(Ve) vegan option



STAR DISH

MEAT FREE

GRAB & GO

POT 'N' TASTY

SIDES

TODAY'S DESSERTS

	Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
STAR DISH	Cheese & Pepperoni Mac 'n' Cheese (H) 	Pulled Chicken Rice Bowl, Crispy Baked Tortilla, Lettuce & Salsa 	Sustainably Sourced Battered Fish & Chips Oven Baked Chicken Nuggets & Chips 	Thai Yellow Chicken & Vegetable Curry Mixed Rice 	Roast Chicken, Crispy Roasties & Gravy Grilled Chicken Sausages, Gravy & Roasties or Mash(H)
MEAT FREE	Cheese & Tomato Mac 'n' Cheese (V) 	Smoky Quorn Rice Bowl, Crispy Baked Tortilla, Lettuce & Salsa (V) 	Vegan Sausage Roll (Ve) 	Thai Yellow Vegetable Curry Mixed Rice (Ve) 	Roasted Cauliflower Cheese Tart, Crispy Roasties & Gravy
GRAB & GO	Margarita Pizza/Pepperoni Pizza Or Love Joes Chicken Wrap (H) 	Margarita Pizza/Pepperoni Pizza Or Love Joes Chicken Wrap (H) 	Margarita Pizza/Pepperoni Pizza Or Love Joes Chicken Wrap (H) 	Margarita Pizza/Pepperoni Pizza Or Love Joes Chicken Wrap (H) 	Margarita Pizza/Pepperoni Pizza
POT 'N' TASTY	Tomato & Basil Sauce Or Piri Piri Chicken 	Tomato & Basil Sauce Or BBQ Chicken (H) 		Tomato & Basil Sauce Or Thai Chicken (H) 	
SIDES	Baked Beans Garlic Bread Green Beans Garden Salad	Baked Beans Fajita Roasted Sweetcorn & Peppers Garden Salad	Baked Beans Mushy Peas Fries	Baked Beans Asian Slaw, Garlic Green Beans Garden Salad	Baked Beans Garden Salad Mushy Peas Fries
TODAY'S DESSERTS	Homemade Cookie	Homemade Cookie	Homemade Cookie	Homemade Cookie	Homemade Cookie

Lunch Menu.

WEEK THREE – AUTUMN WINTER



V) vegetarian option
(Ve) vegan option

	Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
STAR DISH	Sustainably Sourced Battered Fish & Chips Oven Baked Chicken Goujons & Chips	Chicken & Vegetable Enchilada, Savoury Rice	Cottage Pie Shepherd's Pie & Gravy (H)	Chicken & Vegetable Korma, Gunpowder Potatoes OR Chicken & Vegetable Korma, Gunpowder Potatoes (H)	Veggie Beef Bolognese Pasta Bake (H) Garlic Bread (V)
MEAT FREE		Mexican Vegetable Stew & Baked Tortilla (Ve)	Classic Mac 'n' Cheese, Cheesy Herb Crumb (V)	Roasted Cauliflower & Sweet Potato Curry, Gunpowder Potatoes (Ve)	Veggie Bolognese Pasta Bake (V)
GRAB & GO	Margarita Pizza/Pepperoni Pizza	Margarita Pizza/Pepperoni Pizza Or Love Joes Chicken Wrap (H)	Margarita Pizza/Pepperoni Pizza Or Love Joes Chicken Wrap (H)	Margarita Pizza/Pepperoni Pizza	Margarita Pizza/Pepperoni Pizza Or Love Joes Chicken Wrap (H)
PAT 'N' TASTY		Tomato & Basil Sauce (Ve) Or Chicken Enchilada (H)	Tomato & Basil Sauce (Ve) Or Spicy Mince (H)	Tomato & Basil Sauce (Ve) Or Chicken Korma (H)	Tomato & Basil Sauce (Ve) Or Beef Bolognaise (H)
SIDES	Baked Beans Mushy Peas Fries	Baked Beans Roasted Sweetcorn Wedges, Garden Salad	Seasonal Mixed Vegetables Garden Salad	Baked Beans Steamed Broccoli	Baked Beans Mushy Peas Fries
TODAY'S DESSERTS	Homemade Cookie	Homemade Cookie	Homemade Cookie	Homemade Cookie	Homemade Cookie