

PSHE Curriculum Map

Year	Half Term 1	Half Term 2	Half Term 3	Half Term 4	Half Term 5	Half Term 6
Year 7	Mental & emotional health Self identity How to be organised & resilient Managing change.	Keeping safe online, at home and when out in society. Bonfire night Remembrance Day Anti-bullying Week Kindness & what a bystander Reflecting on our behaviours First Aid skills International Human Rights Day Hidden disabilities.	Diversity & British Values. Democracy, the law and the monarchy. Reading a train timetable Different religions and awareness days such as Holocaust Memorial Day	Careers & Finances. Managing personal finance, budgeting, reading a payslip, what is tax?	Healthy Lifestyles The importance of a balanced diet Sugar and our bodies Hydration Menstrual hygiene	Relationship & sex education: FGM Menstruation Relationships (Family and friends) Conflict and boundaries
Year 8	Mental & emotional health Self identity How to be organised & resilient Managing change.	Keeping safe online, at home and when out in society. Bonfire night Remembrance Day Anti-bullying Week Kindness & what a bystander Reflecting on our behaviours First Aid skills International Human Rights Day Hidden disabilities.	Diversity & British Values. Democracy, the law and the monarchy. Reading a train timetable Different religions and awareness days such as Holocaust Memorial Day	Careers & Finances. Managing personal finance, budgeting, reading a payslip, what is tax?	Healthy Lifestyles The importance of a balanced diet Sugar and our bodies Hydration Menstrual hygiene	Relationship & sex education: FGM Menstruation Relationships (Family and friends) Conflict and boundaries
Year 9	Mental & emotional health Self identity How to be organised & resilient Managing change.	Keeping safe online, at home and when out in society. Bonfire night Remembrance Day Anti-bullying Week Kindness & what a bystander Reflecting on our behaviours First Aid skills International Human Rights Day Hidden disabilities.	Diversity & British Values. Democracy, the law and the monarchy. Reading a train timetable Different religions and awareness days such as Holocaust Memorial Day	Careers & Finances. Managing personal finance, budgeting, reading a payslip, what is tax?	Healthy Lifestyles The importance of a balanced diet Sugar and our bodies Hydration Menstrual hygiene	Relationship & sex education: FGM Menstruation Relationships (Family and friends) Conflict and boundaries
Year 10	Mental & emotional health Self identity How to be organised & resilient Managing change. In PE, Healthy lifestyles, a balanced diet, the importance of sleep and exercise	Keeping safe online, at home and when out in society. What behaviours and values make a healthy relationship, How to manage conflict Consent and the law Relationship abuse Safe sex	Diversity & British Values. Democracy, the law and the monarchy. Drugs and the law Radicalisation & extremism.	Careers & Finances. Managing personal finance, budgeting, reading a payslip, what is tax?	Diversity & British Values continued. Radicalisation & extremism Online safety Online gambling The media and our attitudes Consequences to posting online Current affairs Fake news	Relationship & Sex Education Consent and the law, Pregnancy and choices Contraception and STIs Pornography and online safety - the law around sharing images
Year 11	Keeping safe online, at home and when out in society. What behaviours and values make a healthy relationship, How to manage conflict	Keeping safe online, at home and when out in society. What behaviours and values make a healthy relationship, How to manage conflict Consent and the law Relationship abuse Safe sex	Diversity & British Values. Democracy, the law and the monarchy. Reading a train timetable Different religions and awareness days such as Holocaust Memorial Day	Revision skills	N/A	Exams